RE	T/12/Test B	609	Kayachikitsa			
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1	INSTRUCTIONS TO CA	NDIDATES	3			
(Use only blue/black ball-point pen in the space above a					
corr miss Sup	hin 10 minutes of the issue of the Question Bool ect booklet and it contains all the pages in con- sing. In case of faulty Question Bookle erintendent/Invigilators immediately to obtain a not bring any loose paper, written or blank, insid	rrect sequen t, bring i resh Questio	ice and no page/question i t to the notice of th on Booklet.			
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the Que	the front page of the Answer Sheet, write by pen y top, and by darkening the circles at the botto stion Booklet Number and the Set Number in appr	m. Also, wł opriate plac	ierever applicable, write th ces.			
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For appi guid Que	Booklet contains 40 multiple choice questions each MCQ, you are to record the correct option copriate circle in the corresponding row of the A elines given on the first page of the Answer She stions use five Blank pages attached at the end of	i on the An nswer Sheet et. For ansu this Questic	swer Sheet by darkening th , by pen as mentioned in th vering any five short Answe on Booklet.			
9. For circl	each question, darken only one circle on the Ans e or darken a circle partially, the answer will be tr	wer Sheet. I eated as inco	If you darken more than on prrect.			
) . Note ques	Note that the answer once filled in ink cannot be changed. If you do not wish to attempt a question, leave all the circles in the corresponding row blank (such question will be awarded zero marks).					
I. For of th	rough work, use the inner back page of the tit is Booklet.	le cover and	d the blank page at the end			
	osit both OMR Answer Sheet and Question Bookl					
	are not permitted to leave the Examination Hall u					
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W.

Kayachikitsa

- Plants receive their nutrients from ? 1.
 - (1) Chlorophyll
 - (3) Light

(2) Atmosphere

- . 2. Common name of washing soda is :
 - (1) Sodium Carbonate
 - (2) Calcium bicarbonate
 - (3) Sodium bicarbonate
 - (4) Calcium carbonate
 - 3. Which of the gas is not known as green house gas ?
 - (1) Methane (2) Nitrous oxide
 - (3) Carbon Dioxide (4) Hydrogen
 - 4. Hardness of water can be removed by adding?
 - (1) Chlorine
 - (2) Washing Soda
 - (3) Potassium Permanganate
 - (4) Bleaching Powder
 - Which scientist discovered the radio active element 'Radium' ? 5.
 - (1) Isaac Newton (2) Albert Einstein

(2)

(3) Benjamin Franklin (4) Marie Curie

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- (4) Soil

- **6.** The word 'Satyamev Jayate' inscribed below the base plate of the emblem of India are taken from :
 - (1) Rigveda
 - (2) Satapatha Brahmana
 - (3) Mundaka Upanishada
 - (4) Ramayana
 - 7. The absorption of ink by blotting paper involves :
 - (1) Viscosity of ink
 - (2) Capilary action phenomenon
 - (3) Diffusion of ink through the blotting
 - (4) Syphon action

8. Combination of Satva, Atma and Sharir is known as :

- (1) Tridosh (2) Trimarma
- (3) Trisutra (4) Tridanda

(2) Kledaka

(4) Sadhaka

(2) 18

(4) 108

(3)

- 9. All are the types of Kapha except :
 - (1) Sleshaka
 - (3) Bodhaka

10. Upanishadas are in number ?

(1) .8

(3) 51

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11. Govt. of India launched National Rural Health Mission (NRHM) Programme in the year-

(1) March-2005 (2) October- 2005 (3) April- 2005 (4) December-2005 **12.** According to Acharya Sushruta (S.S.Su.24/9), *Angamarda* is a type of----

- (1) Rasa Pradoshaja Vikara (2) Rakta Pradoshaja Vikara
- (3) Mamsa Pradoshaja Vikara (4) Meda pradoshaja Vikara

13. In the process of pathogenesis (*Kriyakala*), "*Pradvesho vriddhihetushu*" features are clinically observed in the stage of –

(1) Prasara (2) Prakopa (3) Sanchaya (4) Sthanasamshraya
14. Sidhdha Systmem of medicine believes that ----- is dominated in elderly age group.

- (1) Vata Dosha (2) Pitta Dosha
- (3) Vata- Kapha Dosha

(4) Kapha Dosha

15. In Yoga Sutra of Patanjali Deshabandhashchittasya is related with-

(1) Dhyana
(2) Dharana
(3) Samadhi
(4) Sanyama
16. The predictive value of HbA1c % (as per ADA) for progression to diabetes is(1) 5.7- 6.4%
(2) 4.6- 5.5%
(3) 4.7- 6%
(4) 6.2- 6.9%

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(4)

17. Which is not indicated in Amajvara.								
	(1) Langhana	(2) Svedana	(3) Yavagu	(4) Sheeta Jalapana				
18.								
	(1) Kushtha	(2) Jvara	(3) Apasmara	(4) Rajayakshma				
19.	Sitopaladi Churna							
	(1) Kasa	(2) Rajayakshma	(3) Hikka	(4) Udara Roga				
20. Saindhavadi Churna is indicated in-								
	(1) Kshatksheena	(2) Kasa	(3) Rajayakshma	(4) Prameha				
21	. Yogaraja is indica	ted in-						
	(1) Udara Roga	(2) Atisara	(3) Gulma	(4) Pandu				
22	. Which can be used	d in Raktatisara?						
	(1) Shatavari	(2) Ashvagandha	(3) Manjishtha	(4) Nimba				
23	23. The Nearest modern correlate of Vatika Unmada is -							
	(1) Catatonic Sch	izophrenia	(2) Paranoid Schi	zophrenia				
	(3) Hebephrenic Schizophrenia (4) Undifferentiated Schizophrenia							
24. Which of the following is not a component of Classical Medhya Rasayanas								
described by Acharya Charak (C.S. Chi 1-3) -								
,	(1) Madhuyashti	(2) Guduchi	(3) Ashwagandh	a (4) Mandukparni				
2	5. The rogadhikara	of Smriti Sagar Ras	a is-					
	(1) Madatyaya	(2) Unmada	(3) Apasmara	(4) Smriti Hrasa				
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S D A C

26. Which of the following Srotasas are involved in the pathogenesis of Murchha roga-

(1) Rasavaha & Raktavaha	(2) Rasavaha & Sangyavaha					
(3) Raktavaha & Sangyavaha	(4) Rasavaha, Raktavaha & Sangyavaha					
27. Which of the following entities most completely describe the Unmad Roga -						
(1) Schizophrenia	(2) Psychotic Disorder					
(3) Delusional Disorder	(4) Manic Disorder					
28. The Psychomotor seizure is also known as						
(1) Abscence Seizure	(2) Myoclonic Seizure					
(3) Temporal Lobe Seizure	(4) Atypical Absence seizures					
29. According to Charaka the dose of 'Madanphala' for Vamana Karma is-						
(1) One Masha	(2) One Pala					
(3) Akanthapana	(4) Antarnakha Mushti Pramana					
30. The sequence of expulsion of Doshas during Virechana is-						
(1) Mala <kapha<pitta<vata< th=""><th colspan="3">(2) Mala<vata<pitta<kapha< th=""></vata<pitta<kapha<></th></kapha<pitta<vata<>	(2) Mala <vata<pitta<kapha< th=""></vata<pitta<kapha<>					
(3) Mala <pitta<kapha<vata< th=""><th colspan="3">(4) Mala<pitta<vata<kapha< th=""></pitta<vata<kapha<></th></pitta<kapha<vata<>	(4) Mala <pitta<vata<kapha< th=""></pitta<vata<kapha<>					
31. The famous Keraliya Panchakarma 'Navarkhizi' is-						
(1) Pinda Sveda (2) Dhara Sveda	a (3) Avagaha Sveda (4) Tapa Sveda					
32. Best time period for expulsion of 'Vriddha Pitta Dosha' is-						
(1) Chaitra (2) Shravana	(3) Agrahana (4) Ashadha					
RET/12/Test B/609 (6)					

33. According to Sharangdhara, Vamanakarma eliminates which Dosha-

34.	Which procedure is contraindicated in 'K	'amala Roga'-
	(3) Kapha & Apakva pitta	(4) Pitta
	(1) Kapha	(2) Kapha & Pakva pitta

(1) Snehana (2) Svedana (3) Vamana (4) Virechana

In Charaka Samhita Sutrasthana 4th chapter, Acharya Charaka has described different groups of drugs which can be used for a particular of therapeutic effect basing on their pharmacological properties. In this back ground you may answer the following two questions.

- 35. The combination of Asparagus racemosus Willd., Boerhaavia diffusa Linn, Centella asiatica Urban., Clitoria ternatea Linn. (white variety), Desmodium gangeticum DC., Emblica officinalis Gaertn., Leptadenia reticulate W. & A., Pluchea lanceolata C. B. Clarke, Terminalia chebula Linn., Tinspora cordifolia Miers., is collectively known as
 - (1) Vayasthapana mahakashaya varga
 (2) Balya mahakashaya varga
 (4) Stanya Janana mahakashaya varga

(7)

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36. Match the List – 1 (Therapeutic effect) with List – 2 (Drug) and select the correct answer using the codes given below the lists:

List –	1 (The	rapeutic effect	t)		List –	2 (Drug)	
Α.	Streng	gth promoter ()	Balya)		I.	Mudgaparni	3
B.	Sperm	natopoietic (Sh	ukra janana)		II.	Mandukaparni	
C.	Sperm	natopurificator	(Shukra		III.	Ashvagandha	
	shodh	ana)	· · · · ·		IV.	Kushtha	
D.	Fertili	ty promoter (H	Praja sthpana)		V.	Brahmi	
E.	Longe	vity promoter	(Vayahsthap	ana)			
	Codes	•		£	* *		
	(1)	A-I	B-II	C-III		D-IV	E-V
2	(2)	A-II	B-I	C-V		D-IV	E-III
	(3)	A-III	B-I	C-IV		D-V	E-II

37. In general, as per *Dhatu parinama krama* it will require one month time to form "*Shukra* dhatu" from "*Rasa dhatu*". But the *Vrishya* drugs due to their *Prabhava* will convert into Sukra dhatu in a less time. This statement is

C-II

D-I

E-V

B-III

(1) False (2) True (3) Ambiguous (4) misleading

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(4)

A-IV

38. According Acharya Sarangadhara 'Haritaki' is best drug for.....

(1) Shukra janana	(2) Shukra Shodhana		
(3) Shukra pravartaka	(4) Shukra Shoshaka		
39. According to Acharya Charaka, th	he best Pathya Vihara is-		
(1) Dowrmanasyah	(2) Prasamah		
(3) Sowmanasyah	(4) Sankalpah		
E I I' C Dime li waradhamar	a Rasavana in-		

40. Indication of Pippali varadhamana Rasayana in-

(1) P	lihodara	(2) Kushtha		(3) Jwara	(4) Ausara
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Attempt any five questions. Write answer in 150-200 words. Each question carries 16 marks. Answer each question on separate page, after writing Question Number.

- 1. Discuss the concept of Ama in relation to Conventional System of Medicine.
- 2. Write down the clinical application of Dashavidha Pariksha.
- 3. Explain about rationality of Leech therapy in the management of Kushtha Roga.
- 4. Write down about the Chikitsa Siddhanta of Atisara Roga.
- 5. Describe the practical methodology & pameters for determination of *Manas Prakriti* in a Clinical setting.
- 6. Discuss the aetiopathogenesis of Pittaja Unmada, its logical modern correlation

along with Ayurvedic & modern management.

- 7. What are the diagnostic criteria for proper Vamana?.
- 8. Write down the names of 'Vasti Vyapada'
- 9. Describe the relevance of Rasayana in present modern life.
- 10. Discuss the rationality of Vajikarana Prayoga in day to day practice.

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(9)

